



Summer 2018 Parent Manual

The countdown to summer 2018 has begun!

Welcome to the URJ Camp Newman community! For friendships, adventure and the joy of Judaism, there is no better place than Camp Newman! At camp, your child will get to choose from many enriching activities, have an unforgettable Shabbat experience and make Jewish friends that could very well last a lifetime. Since 1947, the URJ Camp Newman community has impacted the lives of over 100,000 children, teens, and adults. Year after year, our campers return to renew the strong bonds of friendship they build here. We can't wait to provide your child with a meaningful and memorable experience at camp this summer!

For our F.A.Q.s and First-Time Parent & Camper Guide, please visit
CampNewman.org/summer-camp/first-time-guide

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CAMPNEWMAN.ORG | 415-392-7080

Summer Camp Mailing Address: *Camper's Name*, Camp Newman – *Session Name*, 1 Morrow Cove, Vallejo, CA 94590

Summer Camp Office: 200 Maritime Academy Drive, Vallejo, CA 94590

Year-Round Office: 711 Grand Avenue, Suite 280, San Rafael, CA 94901



CREATING A PARTNERSHIP

Dear Camper Families,

We're counting the days until our 2018 summer season at URJ Camp Newman begins! We're excitedly making final preparations to welcome your children into our enriching Jewish community. As we do so, we ask our staff to carry this thought with them, 24 hours a day: ***Imagine that every child's parents are watching over your shoulder as you care for, nurture, and inspire their most precious gift in life.***

The most important covenant we possess at camp is with you, the parents. ***This manual is designed to help you foster a partnership with our Camp so that together, we can create a healthy, secure, successful, and enjoyable experience for your child.***

Preparing for Camp

Prepare for camp in partnership with your children. Pack together. Discuss anxieties together. Chat about expectations and hopes. Watch the [Camp Video](#) again. The more your child knows what to expect, the better they'll adjust to camp life. Express how proud you are of your child embarking on their camp journey. *Just don't tell your child that they can "come home" or "call home" if they're having a hard time – this will only make it more difficult for them to adjust.* Instead, reassure them that they'll be surrounded by amazing counselors and camper care professionals who they can call on for support – any time they need it.

Coping with Homesickness at Camp

The only "cure" for homesickness is time, coupled with our counselors' support. Our counselors are there to comfort your child; they're sensitive, well-trained and, in most cases, were former campers themselves and can draw on their experiences. They also know where to turn for help. Each session, we have Rabbis, cantors, Jewish educators, counselors and mental health professionals (our Nefesh team), as well as senior staff who are readily available to help guide campers to success. When campers have challenging situations (like homesickness and social issues), we also help them foster their own independence by encouraging them to reach out to the resources at hand: their counselors, their fellow campers, and our camper care professionals.

When Your Child Is at Camp

Feel free to call camp any time to speak with your child's *rosh eidah* (unit head), to check on your child, hear what activities they're in, and voice any concerns. We also recommend sending your child many positive letters ("we are so proud of you" and "can't wait to hear about camp!"), instead of "we miss you terribly" or "here's what you're missing at home". Have letters waiting for them when they arrive. If they're not letter writers themselves, send them easy to fill out ("your favorite activity at camp is:___," "your new friend's name is:___", etc) self-addressed stamped letters to send you a report. ***And don't forget, it often takes a couple of days for younger campers to adjust to camp life; in our experience, a homesick kid on day two is often a lifetime camper by day three!***

L'shalom,
The Camp Newman Family

A LETTER FROM OUR DIRECTOR

Dear Camper Families,

When we ask our campers and staff why they love Camp, one of the prevailing sentiments is that **"camp is home."** It is a home they create with their peer community, their first *chavura*. They return summer after summer – and all through the year – because they are "coming home again." The idea of home transcends the physical space. The idea of home is how it makes one feel inside: warmth, love, *ruach* (spirit), joy, unconditional acceptance, embracing of each individual for whom they are, and being able to be themselves.

This is what has always stood out to me about this Camp community. We truly have the opportunity to create our home by living our values through a philosophy of CARE:

C – Community. We create a holy community, a *kehilla kedosha*, through...

A – Acceptance. We accept each person for who they are, living the value of *v'ahavta l'reyacha kamocho*, loving your neighbor as yourself.

R – Role Modeling. Staff and campers alike role model for each other what it means to live these values, and we encourage each person to "Make for yourself a teacher, and find yourself a friend." (*Pirkei Avot*)

E – Each and Every One. We care about each and every person in our community, and strive to get to know the uniqueness in each one of our campers. We recognize that each person is made *betzelem Elohim*, in the image of God.

Sharing Stories

Imagine sitting in the middle of camp and just listening. The sounds of laughter, music and singing abound. If you listen more carefully, especially during informal moments – at meals, in the cabin, bedtime, walking to and fro, and friends sitting under a tree – one can hear myriad stories. Children open up at camp and tell their stories. All kinds of stories are created and passed along – about growth, conflict, joy, redemption, happiness, sadness, dreams, successes, shortcomings, yearnings, and aspirations. So much of camp's richness comes from children being able to tell, listen, and embrace their stories and their friends' stories.

Sharing Tradition

At Camp, the notion of *L'dor V'dor*, from generation to generation, is ubiquitous. Young children grow up at camp and pass along traditions to younger campers. Eventually, they become staff and have the opportunity to lead the next generation. Many return as faculty, with their own families, perpetuating the chain.



Talmud teaches that "by the breath of children God sustains the world." Camp allows for the child in each of us to blossom, grow, and flourish. Our campers share magical moments, the joy of being Jewish, and the comfort of being in a loving, accepting community. Thank you for sharing your family with us. We cannot wait for this amazing summer with you!

Rabbi Erin Mason
Camp Director, URJ Camp Newman

GENERAL INFORMATION & CAMP POLICIES

VISITATION - Parents/visitors are not allowed to visit their camper during the session

Parents cannot visit camp while in session, even if you are visiting the area. However, parents can request a tour of the camp grounds on arrival and departure days of each session (only).

PHONE CALLS

Campers cannot use the phone or receive calls. If you have any questions or concerns about your child, you are welcome to call 415-392-7080 to speak with your child's *rosh eidah* (unit head), who will return your message within 24 hours. ***Please know that if any concern arises, we will be in touch immediately.*** During Shabbat (Friday evening to Saturday evening), the office is closed, and all voicemails will be checked often and returned as soon as possible.

***For how to write and email your camper, see section below.*

WHAT TO BRING

Please consult the **2018 Packing List** and adapt the list to fit your camper's needs. More helpful tips:

1. **"Soft" Luggage:** Pack your camper's things in soft luggage, preferably with wheels – they're lighter and easier to carry. **DO NOT BRING TRUNKS** (too heavy, hard to transport, take too much space)
2. **Zip-lock bags:** Handy (especially for young campers) for organizing toiletries and other items.
3. **Do not tie bags together.** Label each bag clearly.
4. **Loose items:** Like pillows, stuffed animals, etc., must be in a labeled bag – or they get lost!
5. **Footwear policy:** In the best interest of your child's safety, all shoes **must** have a closed toe or closed back. Flip-flops are only allowed for shower-use, and high heel shoes **are not permitted.**
6. **Name-labeled musical instruments & disposable cameras:** We encourage you to bring both – just nothing expensive, please. Your camper is responsible for the safe keeping of their items, so if you're concerned, we recommend purchasing insurance to cover any item you wish to protect.

WHAT NOT TO BRING!

Follow this rule – if you don't want to lose it, don't pack it! DO NOT bring the following items:

- Cash
- Mobile/cell phones**
- iPods/mp3 players**
- Kindles/Nooks**
- iPads/tablets**
- Laptops** (except Avodah & CIT for homework)
- Hand-held Games**
- Sports Equipment
- Scooters or skateboards
- Grills or cooking appliances
- Mini refrigerators
- Electronic Devices
- Jewelry
- New/expensive items!

***For our complete Electronics Policy at camp, please see next section.*

LOST & FOUND

Label all items with camper's first and last name to increase the chance that your lost item will be reunited with you! All found items are brought to the camp Lost & Found, and stored for several weeks. Items unclaimed within 14 days after camp's final session will be donated.

PLEASE NOTE: Camp does not assume any responsibility for items that are lost, stolen, or broken while at camp. You may purchase additional insurance through your home owner's policy or other insurance vendor to cover your child's belongings while at camp.

LAUNDRY

- **Laundry service is provided every two weeks ONLY for sessions that are 23 days or longer.**
- **Laundry service is NOT provided for sessions that are 24 days or less.** These campers should pack enough clothing to last the length of their entire session.
- Please send a non-mesh, cotton or nylon laundry bag with your camper, clearly labeled with your camper's name.

HEAD LICE POLICY

Because of the continued prevalence of head lice in schools, URJ Camp Newman implements the following policy to avoid head lice infestations at camp.

1. **All** campers and staff will be checked for head lice when they arrive at camp.
2. Anyone found with head lice will be isolated until a parent or guardian is contacted. Out of respect for our entire camp family, **check your children** for head lice and any other potential health problems **before** they leave for camp!

BIRTHDAYS

Camp celebrates birthdays in a special way! Campers who celebrate their birthday at camp can look forward to a special treat for their cabin and being honored at a meal with our special camp birthday song. **Please do not send food of any kind for your child's birthday!**

B'NAI MITZVAH TUTORING

B'nai mitzvah tutoring is only available to campers with a bar or bat mitzvah before December 15, 2018. To those who request it, we provide tutoring at no extra fee for 2-3 times a week for approximately 30 minutes, depending on the session schedule, with one of our faculty rabbis, educators, or cantors. **The purpose of b'nai mitzvah tutoring at camp is to maintain your camper's progress; we are unable to help campers learn new pieces of their torah or haftorah, or prayers for their *simcha*. It is your camper's responsibility to study materials during their free time at camp.** Make sure your child packs all the paper materials they need to study such as torah portions, trope symbols/worksheets, and prayers. If your child requires audio to study, you *must* send an MP3 or personal CD player to camp. Camp does not assume any responsibility for items that are lost, stolen, or broken while at camp. Affordable MP3 players and personal CD players can be purchased online for less than \$30.

CAMP SECURITY

We view the health, safety, and security of our community as our utmost priority. To provide your children with a safe, enriching and enjoyable Jewish summer camp experience, be informed that:

- A security survey of all URJ Camps has been conducted by a respected Israeli safety and security firm engaged by the Union for Reform Judaism.
- California State University Maritime Academy (Cal Maritime) has campus police that guard the property, and provide on-site security 24/7. Camp has worked extensively with them to meet our specific needs.

CAMP MERCHANDISE & MISCELLANEOUS

The camp fee includes a Camp t-shirt (distributed on the last day of the session), a shirt that your camper will tie dye, and daily snacks. Sundry items such as toothpaste, shampoo, stamps, water bottles, Frisbees and other items will **NOT** be available at camp. **You can buy Camp Newman merchandise prior to camp here - campnewman.org/connect/shop - or at our online pop-up store in spring.** Follow our eblasts & Facebook page for info! Select camp and sundry items will also be available at the Cal Maritime bookstore an opening day of each session for parents to purchase.

ELECTRONICS POLICY AT CAMP

The (Jewish) Values of an Electronics Policy

HELP OUR CAMPERS “UNPLUG” - PLEASE LEAVE ALL ELECTRONICS AT HOME!

When campers “unplug,” it gives them the opportunity to truly let go and fully integrate into the camp experience. When we’ve surveyed campers, they actually tell us that they really appreciate the break from electronics! They develop autonomy, independence, and a stronger sense of self. They make new friends, take responsibility for themselves and their bunkmates, and problem solve. These things cannot be achieved when parents are only a call away.

WHAT HAPPENS WHEN YOU BREAK THE RULES...

Although electronics have been strictly prohibited at camp for years, some families choose to ignore this policy. However, electronics interfere with important aspects of camp.

- Electronics remove campers from the camp experience, cause conflicts in cabins, and leads campers to focus on friends at home instead of those at camp.
- Phones enable campers to call parents when they need advice instead of encouraging them to problem solve or turn to their peers or counselors.
- Electronics are prone to getting lost, broken, or even stolen at camp – and Camp Newman cannot take responsibility for the loss or damage of any item, nor does our insurance policy cover replacement of camper items.
- Lastly, please consider that **when you allow your child to break the rules and take electronics to camp, you’re teaching your child that the rules do not apply to you and your family.**

In partnership with our Advisory Board, we created an Electronics Policy to:

- Create an environment that encourages community building, bonding, and “unplugging”
- Encourage campers to spend more time outdoors
- Promote socialization between campers
- Remove the divide between “the haves and the have-nots” in each cabin
- Reduce the stress associated with the damage to and theft of electronics
- Give campers a much-needed break from the world of technology
- Allow campers to fully embrace the connections they make with other campers
- Ensure that our campers are not exposed to age inappropriate material

ELECTRONICS POLICY

CELL PHONES

- Campers are **NOT PERMITTED** to have a cell phone while at camp. **If your child brings a phone to camp,** they can check it in on the first day. It will be confiscated if discovered later.
- **Avodah and CIT campers ARE PERMITTED** to have cell phones at camp for use during very specific times during the session. If this privilege is abused, the camper’s phone will be confiscated and returned on the final day of camp.
- **Campers who arrive by airplane may have their cell phones ONLY** in the airport gate area. Once a camper lands they’ll be permitted to call home to let their family know that they have

landed safely and are with our camp staff. Immediately following that call, phones are checked-in by our camp staff and returned at the airport on the closing day of the session.

iPOD/MP3 Players

If your child needs to listen to music at camp, please send an inexpensive mp3 player instead, NOT a phone. We STRONGLY recommend that your child leave expensive music players at home. If you allow your child to bring an iPod/mp3 player, please discuss proper handling in a camp setting (never taking it outside the cabin, not leaving it on the floor or in the bathroom, etc.). Please check your child's music player before they come to camp to be sure the device adheres to the following guidelines:

- **Remove all movies, TV shows and games.** This way we will not have to monitor the age appropriateness of every movie and show our campers may have on their devices. Any iPod/mp3 player containing these will be confiscated and returned on Closing Day.
- **PLEASE make sure all music is age appropriate.**
- **It should not be able to access the Internet or have phone capabilities.**

DIGITAL CAMERAS

Name-labeled disposable cameras are preferred (no expensive cameras, please!). If your camper does bring an inexpensive camera, make sure to pack enough memory cards and batteries. Please discuss proper handling of the camera and that pictures should be taken of others only with their permission, and that Camp cannot be held responsible should an expensive camera be lost or damaged.

HELD-HAND GAME DEVICES

Game devices are not allowed in camp. Playing board and card games (which are readily available) is encouraged during *menucha* (rest hour) so that campers can socialize, interact, and build community within the cabin. Any hand-held devices we discover will be confiscated and returned on Closing Day.

LAPTOPS, NETBOOKS, iPADS, KINDLES, NOOKS

None of these or similar electronic devices are permitted in camp. (Exception: Avodah/CIT campers may bring laptops for homework use only; please consider additional insurance for these items.)

ONE LAST WORD ON ELECTRONICS...

We recommend that your child powers down, unplugs, and takes what we're certain is a well-needed break from the world of electronics. We recommend bringing other "interactive" things, like playing cards, chess, scrabble, word games, etc. Of course, books are always welcome! Please be respectful of the usage and content limitations we have in place. If you have any further clarification, please contact one of our Camp Directors at 415-392- 7080.

HOW TO FOLLOW OUR ADVENTURES!

Here's how we'll share live updates & all the amazing things we're doing at camp!



CampInTouch: urjnewman.campintouch.com/v2/login

During the summer, we upload photos regularly to CampInTouch – the same secure website you used to register (log in using the same username/password).



Facebook: facebook.com/urjcampnewman

Connect with other camp fans like you on our Facebook page! All summer, we'll post lots of pictures plus news you can use, videos, announcements, and more!



Vimeo: vimeo.com/urjcampnewman

Visit Vimeo for all our camp videos – that capture the best moments from summer.



Instagram: instagram.com/urjcampnewman

Prefer pictures to words? Visit here for photos of favorite camp moments and connect with other camp fans. You do not need your own personal Instagram account needed to view pics.



Shabbat-o-Gram: campnewman.org/connect/subscribe-to-emails

Every Friday, check your inbox for our eblast with camp news, videos, pics, updates & links to blog posts. If you only read one thing from camp, read this! *Please note: all parents with campers enrolled in Summer 2018 will be automatically subscribed.*



Twitter: twitter.com/URJCampNewman

For live updates on camp happenings, follow us on Twitter. You don't need your own personal Twitter account to read our posts.



Camp Newman Blog: campnewman.org/blog

All summer, we keep our blog chock full of wonderful articles, stories and features written by our staff, campers, and faculty. For more in-depth spotlights, read the blog!

HOW TO CONTACT YOUR CAMPER & OUR STAFF



TO CALL OUR STAFF OR CAMP: 415-392-7080

- While campers cannot use the phone or receive calls, if you have any questions or concerns about your child, feel free to call 415-392-7080 to speak with your child's *rosh eidah* (unit head), who will return your message within 24 hours.
- **Please know that if any concern arises, we will be in touch immediately.**
- During Shabbat (Friday evening to Saturday evening), the office is closed. All voicemails will be checked often and returned as soon as possible.



TO VIEW PHOTOS –OR–



TO SEND ONE-WAY EMAIL TO YOUR CAMPER:

- [Log in to your CampInTouch account](#) using the same login you used to register for camp. **CampInTouch** is the same system you used to register for camp. Their secure, easy to use website service lets you send Bunk Notes (one-way e-mails) to your camper, as well as view and purchase session photos.
- Emails you sent through CampInTouch will be printed daily at 10am and handed out at the following lunch time (except for during Shabbat on Saturday).

Please note: CampInTouch is an outside service; Camp Newman does not profit from any photos/emails your purchase. CampInTouch F.A.Q.s: urjnewman.campintouch.com/Help2007



TO SEND A LETTER TO/FROM YOUR CAMPER

There's nothing more exciting than mail time at camp! We strongly encourage both you and your camper to write each other regularly. Your camper wants to hear from you!

- **For campers to send a letter to friends & family:** You must pack stamps, envelopes, paper, and pens (these are NOT sold at camp). For younger children, try giving them pre-addressed and pre-stamped envelopes or postcards.
- **For parents, friends & family to send a letter to campers:** Address mail to: **Camper's Name**, Camp Newman – **Session Name**, 1 Morrow Cove, Vallejo, CA 94590. And don't forget to include your return address!



TO SEND A NON-FOOD CARE PACKAGE

- **Do not send food, drink, candy or gum - it will be confiscated & donated!**

Our no-food policy helps us ensure that we don't expose a camper to food that they're allergic to. To ensure everyone's safety, all food sent will be confiscated and donated. Please make sure to tell friends and relatives about this policy, too, as we dislike having to confiscate grandma's homemade cookies!

- Please limit your packages to one per week.
- Campers can only receive non-food gift packages.
- All parcels will be opened by the camper, in the presence of a staff member.
- All packages must be sent prepaid.
- Mail to: **Camper's Name**, Camp Newman – Session Name, 1 Morrow Cove, Vallejo, CA 94590
- If you prefer to use a Care Package service, visit campnewman.org/connect/shop

HOW DO I GET TO CAMP?

Your camping adventure begins with the excitement and preparation for your Journey to Camp. Transporting your child to and from Camp in a happy and healthy way is our first priority.

***The Transportation Form must be completed online no later than APRIL 20, 2018.**

***All changes must be in writing.**

***No changes will be accepted within 10 days of the beginning of the session.**

There are three ways to get your child to and from Camp:

- Car (this page)
- Designated Northern California Temple Bus (pg 12)
- Airplane (pg 13)

We need your support and partnership. Please read carefully the following information about your transportation options and procedures. Once you've read the following, please feel free to contact Kim Press at kpress@urj.org if you have any questions.

CAR



If you are driving your child to and from camp:

ARRIVAL DAY: Bring your child to Camp between **1:30pm and 2:30pm.**

DEPARTURE DAY: Pick up your child from Camp between **10:30am and 11:30am.**

CAMP LOCATION: California Maritime Academy (Cal Maritime) at 200 Maritime Academy Drive, Vallejo, CA 94590

- Photo ID will be required to pick up your camper.
- Under **no** circumstance may any camper drive himself or herself to or from camp.
- Be sure all medications are clearly labeled in their original packaging and include instructions. These should be packed in a place **easily accessible** so they can be given to the **nurse** upon arrival.

**#NEWMAN
BYTHEBAY**



AIRPLANE

If your child is flying to and from camp:



Flights are to be scheduled in and out of the Oakland International Airport

Airport Arrival at the airport should be **between 10:00am and 12:00pm.**

Departure from the airport should be **between 2:00pm and 4:00pm.**

Unaccompanied minor requirements vary by airline. Please make all necessary arrangements with your airline for unaccompanied minor and baggage fees **for travel both to and from camp before your child departs. You must send a receipt to the camp office for any fees paid for your child's return trip.**

Include a copy of the flight itinerary and your child's birth certificate or passport with the Transportation Form. **We cannot meet your child at the airport without a copy of the itinerary. This is mandated by airport security.**

ESCORTED FLIGHTS

Camp Newman will send an adult to escort campers on select flights. Please join us on one of our selected SOUTHWEST AIRLINE Flights to and from BURBANK, LONG BEACH, or PHOENIX.

Please note: There must be at least 3 unaccompanied minors on a flight for an escort to be sent.

DATE	BURBANK	LONG BEACH	PHOENIX
June 17	Flight #5141 departing BURBANK at 9:25 am	Flight #4971 departing LONG BEACH at 9:15 am	Flight #5032 departing Phoenix at 7:35 am
July 1	Flight #4998 departing OAKLAND at 2:05 pm	Flight #4994 departing OAKLAND at 10:20 am	Flight #4987 departing OAKLAND at 1:30 pm
July 3	Flight #1599 departing BURBANK at 9:50 am	Flight #2108 departing LONG BEACH at 8:25 am	Flight #3225 departing Phoenix at 9:25 am
July 15	Flight #4998 departing OAKLAND at 2:05 pm	Flight #4994 departing OAKLAND at 10:20 am	Flight #4987 departing OAKLAND at 1:30 pm
July 18	Flight #1502 departing BURBANK at 9:55 am	Flight #984 departing LONG BEACH at 10:35 am	Flight #252 departing PHOENIX at 7:20 am
August 1	Flight #1939 departing OAKLAND at 2:45 pm	Flight #2533 departing OAKLAND at 3:10 pm	Flight #332 departing OAKLAND at 3:30 pm
August 2	Flight #1502 departing BURBANK at 9:55 am	Flight #984 departing LONG BEACH at 10:35 am	Flight # 252 departing PHOENIX at 7:20 am
August 10	Flight #1160 departing OAKLAND at 3:30 pm	Flight #4597 departing OAKLAND at 2.45 pm	Flight #1118 departing OAKLAND at 3:05 pm

- We have an outstanding relationship with **Southwest Airlines** and recommend their use whenever possible.
- All **medications** should be clearly labeled in their original packaging and should include instructions. These should be packed separately and given to the camp staff upon arrival at the Oakland airport.
- Some snacks and water will be provided at the airport. Please send your child with a **packed lunch** for them to eat in transit to camp. Campers will **NOT** have an opportunity to purchase food at the airport.

CONGREGATION BUSES



If your child is taking a local Congregation Bus to and from camp:

Please have your child at the temple bus stop at least 30 minutes before the bus is scheduled to depart. An adult must stay with your child until they have boarded the bus.

CONGREGATION BUS SCHEDULE:	ARRIVAL DAY <i>Departing at</i>	DEPARTURE DAY <i>Arriving at</i>
BUS #1 Peninsula Temple Sholom 1655 Sebastian Drive Burlingame (650-697-2266)	12:45pm	11:15am
BUS #2 Congregation Rodef Sholom 170 N. San Pedro Road San Rafael (415-479-3441)	1:30pm	10:30am
BUS #3 Congregation Beth Am Arastradero Road Los Altos Hills (650-493-4661)	12:30pm	11:15am
BUS #4 Congregation Shomrei Torah 2600 Bennet Valley Rd. Santa Rosa (707-578-5519)	12:15pm	11:45am
BUS #5 Congregation B'nai Israel 3600 Riverside Blvd Sacramento (916-446-4861)	1:00pm	10:30am

- The Camp does not provide supervision at congregation bus stops. There will be a counselor on the bus.
- If a bus is late leaving one stop, it will be late at each of the following stops. Please arrive on time.
- Photo ID will be required when you pick up your camper at the bus stop.
- All medications should be clearly labeled in their original packaging and should include instructions. Medications should be packed separately and given to camp staff when your child boards the bus.

CIT and AVODAH:

Congregation bus service is **NOT** available for CIT or Avodah campers on their way to camp. Congregation bus service **IS** available for CIT or Avodah campers on their way home from camp.

FOOD ON THE BUS: A water bottle and small snack will be provided on all buses.

PACKING LIST

SUGGESTED LIST FOR 2 WEEKS

CLOTHING

For Shabbat

White shirts/blouses or dresses/skirts.....	2
White or light khaki pants	1
Shirts.....	10-15
Pairs of short.....	5-10
Pairs of pants or jeans.....	3-5
Underwear.....	14
Pairs of socks.....	16
Pajamas.....	2 pair
Bathing suits.....	2
Baseball cap or other hat.....	1
Warm jacket.....	1-2
Sweaters or sweatshirts.....	2
Sweatpants.....	1

SHOES

Tennis shoes/sneakers.....	1 pair
Hiking boots or sturdy shoes.....	1 pair
Sandals with closed toe or closed back.....	1 pair
Extra laces.....	1 pair
Flip flops for shower use only (optional).....	1 pair

LINENS

Non-mesh Laundry bag (cotton or nylon) MANDATORY	1
Sleeping bag or comforter MANDATORY	1
Pillow & Pillowcase	1
Twin XL sheet set (fitted & top sheet) RECOMMENDED	1
Bath / Beach towels.....	2-3
Wash cloth.....	1

TOILETRIES

Bathroom/cosmetic bag.....	1
Toothbrush and toothpaste.....	1 each
Soap and soap dish.....	1 each
Comb and brush.....	1 each
Shampoo / conditioner	1
Deodorant.....	1

Other personal needs like prescription medications, eyeglasses/contacts, feminine hygiene products, etc.

OTHER ITEMS – labeled with first initial & last name

- Water bottle **MANDATORY**
- Sunscreen **MANDATORY**
- Blue tape (for hanging pics, signs, etc.)
- Mini fan and/or handheld water mister
- Flashlight & batteries
- Disposable camera
- Sunglasses
- Stationary with pre-addressed labels, envelopes & **stamps**
- Items for Cabin time: Books, notebook, pens, games, magazines, comics, playing cards, word games, etc.



- Our URJ Camps hold modest, discreet, and appropriate clothing as a core part of our Jewish culture.
- **Shoe Policy:** All shoes must have a closed toe or heel. No high heels. Flip-flops are for shower use only.
- **LABEL EVERYTHING** with your camper's first initial & last name (e.g., R. Cohen). Use a Sharpie or find label vendors here: campnewman.org/connect/shop
- **Laundry service** is ONLY for campers in sessions 24 days or longer.
- **Just in case:** Send a extra pairs of essential items.
- **PLEASE!** Do not bring new or expensive clothes or items! All lost, unlabeled items will be donated. Camp is not responsible for lost, stolen or broken items.



May 2, 2018
17 Iyyar 5778

Board of Directors

Michelle Tandowsky – Board Chair
Gabrielle Amado
Barry Asin
Sue & Barry Brucker
Arlene & Eli Chernow
Rabbi Steven Chester
Bruce Cohen
Marcy & Moshe Dollinger
Susan Donner
Leah & Adam Felson
Julia Friedman
Melissa & Robert Gans
Jim Heeger
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Advisory Council

Rabbinic: Rabbi Paul Kipnes
Medical: Gregory Hirsch, MD
Roberta Bavin, DNP, CPNP

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Ruben Arquilevich

Camp Director

Rabbi Erin Mason

Associate Camp Director

Rabbi Allie Fischman

Senior Assistant Camp Director

Mikey Latner

Development Director

Tracey Klapow

Marketing & Communications

Director

Alaina Yoakum

Registrar

Kim Press

Bookkeeper

Cheryl Lazar

Facilities Manager

Stewart Dalie

Director of Teen Engagement

Samara Leader

NFTY CWR Regional Advisor

Sierra Meszaros

NFTY SOCAL Regional Advisor

Lily Gottlieb

Dear URJ Camp Newman Parents and Campers,

Shalom! We are in high gear preparing for this summer at camp, and we're so excited for everything we have in store for your camper! We've hired an incredible team to work with your campers, all passionate about giving your camper an amazing experience. We have been hard at work planning for a summer of fun, excitement, learning, and meaningful Jewish communal experiences.

As you may know, at URJ Camp Newman we are committed to building a vibrant community rooted in Jewish values and bringing the transformative power of Jewish summer camp to every child and family who come through our gates. From our policies to our programs and camp norms, we strive to reflect the Union for Reform Judaism's (URJ) and our camp's core values:

Kehillah Kedoshah – A Holy Community

We are a sacred community, responsible for one another.

V'ahavta L'reyecha – Love Thy Neighbor as Thyself

We should behave towards one another with love and kindness.

Hachnasat Orchim – Welcome the Stranger

Camp is a place of "audacious hospitality," where all who enter are celebrated.

Yichut Atsmo – Personal Growth

Camp is a uniquely transformative opportunity for young people to take risks and grow, and our job at Camp is to nurture that growth.

Every summer at camp brings new opportunities to apply our values to day-to-day life at camp. This summer, we will be welcoming transgender campers into the cabin with which they identify.

These campers and their families have been engaged in a process of their social transition. Their decisions were made with the advice and support of their pediatricians in consultation with a wide range of medical professionals. They have been embraced by their schools and congregational communities. While this process can seem challenging, we recognize that these children and their families are committed to it because it's the right thing for them and for Camp Newman.

We want to assure you that this decision was based on a thoughtful, deliberate process that started when we began thinking about how to welcome our first transgender camper to camp. A number of years ago, the URJ formed a task force to consider the issues that surround transgender participants in our youth programs: North American Federation of Temple Youth (NFTY), Israel, and our camp programs. We embarked on our own educational journey by researching transgender issues and trends in schools. We consulted with colleagues in the camping industry. We consulted with Keshet, a national grassroots organization that works for the full equality and inclusion of lesbian, gay, bisexual, and transgender (LGBT) Jews in Jewish life. We conferred with the

URJ Camp Newman

Inspiring a love of Judaism, 365 days a year



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professional and lay leadership of the Reform Movement as well as our own camp board members. The executive and professional leadership of the Reform Movement and of URJ Camp Newman came to the only logical, ethical and Jewish conclusion: of course URJ Camp Newman would welcome these campers to camp.

Over the past three summers, we have welcomed an increasing number of transgender campers to summer camp and our year-round programs. The decision to welcome campers by the gender with which they identify is consistent with our mission and values.

This may be a new experience for some. We know there are some conversations you'll want to have with your child and important questions of your own you'll want answered. If you have not done so already, we strongly encourage you to start those conversations now. We, along with another URJ camp, parents of transgender children, and Keshet assembled the attached Frequently Asked Questions (FAQ) sheet that might be helpful to you and enable informed conversations with your children. Our goal is not to draw attention to this but rather to make camp a safe and welcoming place for everyone.

This summer, when your child arrives at camp, you'll find Camp Newman the same place you have come to love – a sacred community and your child's home away from home. We are grateful for your support, understanding, and compassion as we live out our Jewish values with the warmth and joy that are the hallmarks of the Union for Reform Judaism, NFTY, and the URJ Camp Newman community.

Our Camp Director, Rabbi Erin Mason, is happy to address any of your questions or concerns. Please do not hesitate to contact Rabbi Erin at emason@urj.org or 415-991-0314. We are so excited to welcome your camper to camp!

L'shalom,

Rabbi Erin Mason
Camp Director

Ruben Arquilevich
Executive Director

Michelle Tandowsky
Chair, Advisory Board

Rabbi Paul Kipnes
Dean, Camp Newman Faculty