



SUMMER 2025 SAMPLE MENU

Camp Newman is a nut free community. Gluten free, dairy free, and vegan options are always available. Our kitchen team will always do our best to make sure every camper with any diet is well fed throughout their stay!

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Breakfast	Welcome to Camp! We are SO glad to see YOU!	Cinnamon Swirl French Toast	Cheese Blintzes	Egg in a Hole	Coffee Cake & Pastries	Belgian Waffles	"Mini" Breakfast!
Lunch		Cheese Quesadillas	Grilled Cheese & Tomato Soup	Macaroni + Cheese	Hawaiian BBQ Chicken	Chicken Patty Sandwiches	Greek Gyros + Fries
Dinner	Spaghetti & Meatballs	Chicken Shawarma & Israeli Salad	Orange Chicken & Rice	Shabbat Chicken Dinner	Pizza Party!	Grilled Chicken Tacos + Guacamole	Cheese Tortellini + Caesar Salad

	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13
Breakfasts	Build Your Own Breakfast Burritos	Breakfast Sandwiches	French Toast Sticks	Buttermilk Pancakes	Coffee Cake & Pastries	Bagels & Cream Cheese
Lunches	Chicken Banh Mi Sandwiches	Chicken Tenders + Corn Cobs	Grilled Chicken Burgers	Corn Dogs + Chili	Cheese Pizza Bagels	See you next summer at Camp! 
Dinners	Cheese Lasagna + Garlic Bread	Bulgogi Beef + Edamame	Cheese Enchiladas	Shabbat Chicken Dinner	Hamburgers and Hot Dogs!	

*THIS MENU IS SUBJECT TO CHANGE, BUT PROVIDES AN IDEA OF THE RANGE OF MEALS OFFERED DURING A 12-DAY SESSION